BLUE SAPPHIRE



WHITE QUARTZ



Then say the following charm nine times (an auspicious power number).

As I Believe in myself, I evolve and learn

As I Trust in my choices, I give and I earn

As I Accept others, I shape my integrity

As I Love others, I accept my own vanity

As I Believe in myself, so will it be

That whatever I have is meant just for me.



How does this spell resonate with you right now? What self-beliefs are you cultivating?