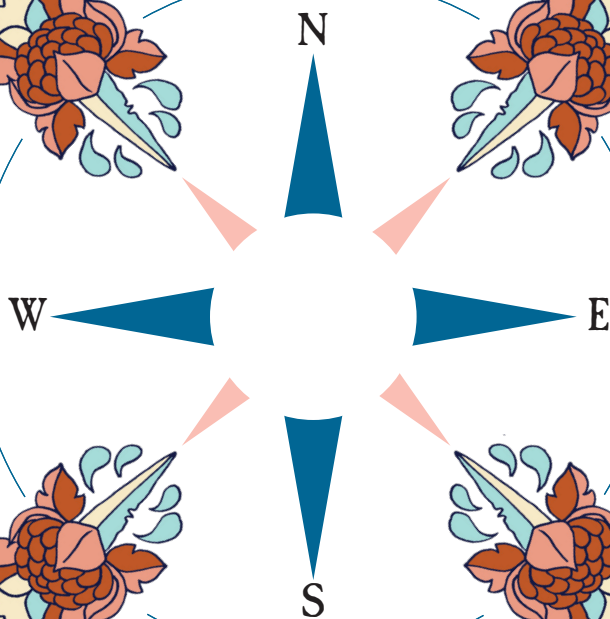


Take the crystals off the page, and write the first line of the charm at north, the second line at south, third line at east, fourth line at west, and fifth line in the center.



*Keep the crystals in a pouch in a secret place and, if you ever feel in need of a boost of confidence, repeat the spell aloud.*