



Write out each line from this spell along a segment of the illustrated golden ribbon. When you get to a knot, say the line aloud.

*With knot one, desire be done.*

*With knot two, my life be true.*

*With knot three, my choice be freed.*

*With knot four, I open the door.*

*With knot five, I come alive.*

*With knot six, my goal is fixed.*

*With knot seven my mind is driven.*

*With knot eight, my pathway's straight.*

*With knot nine, I now can shine.*