



BESTIE BOUQUET

We know we can always rely on some special friends for support, a spirit of adventure, or just a good laugh. So keep these relationships sweet with this ritual that will bring you both mutual respect and joyful times.

Flowers were believed to express various sentiments when given as a gift. Below is a list of flowers with their traditional symbolic meanings. Choose a flower that reminds you of a pal you want to be in your bestie bouquet. (You don't have to have nine friends, maybe just a few, or even one for now—you can always add to the bouquet as time goes on.)

Forget-me-not — They won't let you forget you're special
Chamomile — Tolerant, charming, patient
Daisy — Optimistic, fun, a laugh
Lilac — Youthful, free-spirited
Pansy — Thoughtful, caring, spiritual
Lavender — Devoted, faithful
Iris — Chatty, gives great advice
Hollyhock — Ambitious, driven
Cherry blossom — Trustworthy, reliable

Color in the appropriate flower/s and write your friend's name underneath the flower.

Then seal the intention by writing this incantation:

*These flowers will bring me friendships true,
Each one new joy for me and you.*

WHAT YOU NEED

* Colored pens/pencils



Lilac for my friend:



Hollyhock for my friend:

